



## Check our different programs

**Triple P**

**Discussion Groups**  
Designed for parents of children aged 0-12

**Triple P**

**Primary Care (1:1)**  
Designed to help parents with specific, individualized concerns (one to one)

**Triple P**

**Seminars for Teens**  
Designed to improve parent-child relationships with their teen-aged children and promote positive parenting strategies

**Triple P**

**Seminars for 0-12**  
Designed to improve parent-child relationships with their children and promote positive parenting strategies

**PAX Tools**

**PAX Tools for Community Members**  
Designed to help adults to bring out peace, productivity, health, and happiness in children

# Get in touch!

**Call: (716) 664-3608  
ext. 110**

**Text: (716) 489-8999  
or email at  
aubrey@preventionworks.us**



# Parenting Resources

AT PREVENTION WORKS

PREVENTION  
**WORKS**

Educate ■ Collaborate ■ Motivate

Scan to see upcoming events!



**Aubrey Shipherd**

**Family Wellness Coordinator**

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*"Parenting doesn't come with a handbook. Let's get together and raise amazing humans."*

## PAX Tools Workshop

2-hour Workshop that focuses on:

- Nurturing Environments
- Proven, Everyday Strategies to Use
- Bettering the Lives of Caregivers and Children



## Seminar for Parents of Children 0-12

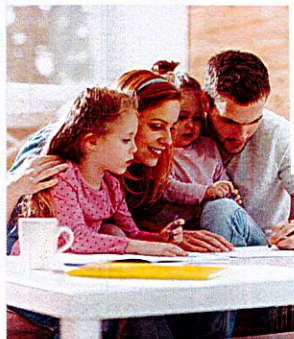
- The Power of Positive Parenting
- Raising Confident, Competent Children
- Raising Resilient Children

## Discussion Group Topics

- Dealing with Disobedience
- Developing Good Bedtime Routines
- Hassle-Free Shopping
- Managing Fighting and Aggression

## Seminar for Parents of Teen Topics

- Raising Responsible Teenagers
- Raising Competent Teenagers
- Getting Teenagers Connected



## Our Mission & Values

To educate the community on positive life choices by encouraging health, wellness, and inclusion.

[www.preventionworks.us](http://www.preventionworks.us)

We are dedicated to supporting Caregivers in our communities using the following evidence-based programming

